



Litchfield Park

Soccer

SUBSTITUTION PATTERN

Substitution Patterns 2 - 10
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This substitution pattern booklet has been created to assist our coaches in providing equal, *or as close to equal*, playing time for every participant. We have provided several substitution patterns for each age division so that our coaches can follow a specific pattern corresponding to the number of players that attend a game.

The following substitution pattern's are to be used for each game throughout the season. The letters listed below each period represent a place holder for a particular player. It is the responsibility of the coaches to ensure that they follow the substitution patterns as closely as possible. These substitution patterns have been created to assist our coaches in providing equal, *or as close to equal*, playing time for all of the players on a team.

In the event that an issue arises with a team and their players playing time, the Site Supervisor in charge of the facility will step in to resolve the issue if necessary.

Teams and coaches that violate or attempt to violate this substitution pattern procedure will be informed and asked to make any necessary corrections to the substitution pattern.

Coaches should ensure that their line-ups promote equal playing time throughout the season.



Litchfield Park
Soccer

YOUTH SOCCER RULES

SUBSTITUTION PATTERNS for UNDER SIX AGE DIVISION

4 Player Substitution Pattern

- Use this pattern when your team only has four players attending a game.
- All four players will play a total of six (6) full periods and sit on the bench for a total of two periods.
- No player will play four periods consecutively.

Players on the Field

1 ST QUARTER		2 ND QUARTER		3 RD QUARTER		4 TH QUARTER	
1 ST PERIOD	2 ND PERIOD	3 RD PERIOD	4 TH PERIOD	5 TH PERIOD	6 TH PERIOD	7 TH PERIOD	8 TH PERIOD
Player A	Player D	Player C	Player B	Player A	Player D	Player C	Player B
Player B	Player A	Player D	Player C	Player B	Player A	Player D	Player C
Player C	Player B	Player A	Player D	Player C	Player B	Player A	Player D

Substitutes on the Bench

1 ST QUARTER		2 ND QUARTER		3 RD QUARTER		4 TH QUARTER	
1 ST PERIOD	2 ND PERIOD	3 RD PERIOD	4 TH PERIOD	5 TH PERIOD	6 TH PERIOD	7 TH PERIOD	8 TH PERIOD
Player D	Player C	Player B	Player A	Player D	Player C	Player B	Player A

5 Player Substitution Pattern

- Use this pattern when your team only has five players attending a game.
- Four players will play a total of five periods and sit on the bench for three periods (A, B, C & D)
- One player will play a total of four periods and sit on the bench for four periods (E)
- No player will play three periods consecutively.

Players on the Field

1 ST QUARTER		2 ND QUARTER		3 RD QUARTER		4 TH QUARTER	
1 ST PERIOD	2 ND PERIOD	3 RD PERIOD	4 TH PERIOD	5 TH PERIOD	6 TH PERIOD	7 TH PERIOD	8 TH PERIOD
Player A	Player D	Player B	Player E	Player C	Player A	Player D	Player B
Player B	Player E	Player C	Player A	Player D	Player B	Player E	Player C
Player C	Player A	Player D	Player B	Player E	Player C	Player A	Player D

Substitutes on the Bench

1 ST QUARTER		2 ND QUARTER		3 RD QUARTER		4 TH QUARTER	
1 ST PERIOD	2 ND PERIOD	3 RD PERIOD	4 TH PERIOD	5 TH PERIOD	6 TH PERIOD	7 TH PERIOD	8 TH PERIOD
Player D	Player B	Player E	Player C	Player A	Player D	Player B	Player E
Player E	Player C	Player A	Player D	Player B	Player E	Player C	Player A

6 Player Substitution Pattern

- Use this pattern when your team has six players attending a game.
- Every player should play a total of four periods and sit on the bench for four periods.
- No player will play two periods consecutively.

Players on the Field

1 ST QUARTER		2 ND QUARTER		3 RD QUARTER		4 TH QUARTER	
1 ST PERIOD	2 ND PERIOD	3 RD PERIOD	4 TH PERIOD	5 TH PERIOD	6 TH PERIOD	7 TH PERIOD	8 TH PERIOD
Player A	Player D	Player A	Player D	Player A	Player D	Player A	Player D
Player B	Player E	Player B	Player E	Player B	Player E	Player B	Player E
Player C	Player F	Player C	Player F	Player C	Player F	Player C	Player F

Substitutes on the Bench

1 ST QUARTER		2 ND QUARTER		3 RD QUARTER		4 TH QUARTER	
1 ST PERIOD	2 ND PERIOD	3 RD PERIOD	4 TH PERIOD	5 TH PERIOD	6 TH PERIOD	7 TH PERIOD	8 TH PERIOD
Player D	Player A	Player D	Player A	Player D	Player A	Player D	Player A
Player E	Player B	Player E	Player B	Player E	Player B	Player E	Player B
Player F	Player C	Player F	Player C	Player F	Player C	Player F	Player C

YOUTH SOCCER RULES

SUBSTITUTION PATTERNS for UNDER EIGHT AGE DIVISION

6 Player Substitution Pattern

- Use this pattern when your team only has six players attending a game.
- Four players will play a total of seven periods and sit on the bench for one period (**A, B, C & D**)
- Two players will play a total of six periods and sit on the bench for two periods (**E & F**)
- No player will play seven periods consecutively.

Players on the Field

1 ST QUARTER		2 ND QUARTER		3 RD QUARTER		4 TH QUARTER	
1 ST PERIOD	2 ND PERIOD	3 RD PERIOD	4 TH PERIOD	5 TH PERIOD	6 TH PERIOD	7 TH PERIOD	8 TH PERIOD
Player A	Player F	Player E	Player D	Player C	Player B	Player A	Player F
Player B	Player A	Player F	Player E	Player D	Player C	Player B	Player A
Player C	Player B	Player A	Player F	Player E	Player D	Player C	Player B
Player D	Player C	Player B	Player A	Player F	Player E	Player D	Player C
Player E	Player D	Player C	Player B	Player A	Player F	Player E	Player D

Substitutes on the Bench

1 ST QUARTER		2 ND QUARTER		3 RD QUARTER		4 TH QUARTER	
1 ST PERIOD	2 ND PERIOD	3 RD PERIOD	4 TH PERIOD	5 TH PERIOD	6 TH PERIOD	7 TH PERIOD	8 TH PERIOD
Player F	Player E	Player D	Player C	Player B	Player A	Player F	Player E

7 Player Substitution Pattern

- Use this pattern when your team only has seven players attending a game.
- Five players will play a total of six periods and sit on the bench for two periods (**A, B, C, D & E**)
- Two players will play a total of five periods and sit on the bench for three periods (**F & G**)
- No player will play three periods consecutively.

Players on the Field

1 ST QUARTER		2 ND QUARTER		3 RD QUARTER		4 TH QUARTER	
1 ST PERIOD	2 ND PERIOD	3 RD PERIOD	4 TH PERIOD	5 TH PERIOD	6 TH PERIOD	7 TH PERIOD	8 TH PERIOD
Player A	Player F	Player D	Player B	Player G	Player E	Player C	Player A
Player B	Player G	Player E	Player C	Player A	Player F	Player D	Player B
Player C	Player A	Player F	Player D	Player B	Player G	Player E	Player C
Player D	Player B	Player G	Player E	Player C	Player A	Player F	Player D
Player E	Player C	Player A	Player F	Player D	Player B	Player G	Player E

Substitutes on the Bench

1 ST QUARTER		2 ND QUARTER		3 RD QUARTER		4 TH QUARTER	
1 ST PERIOD	2 ND PERIOD	3 RD PERIOD	4 TH PERIOD	5 TH PERIOD	6 TH PERIOD	7 TH PERIOD	8 TH PERIOD
Player F	Player D	Player B	Player G	Player E	Player C	Player A	Player F
Player G	Player E	Player C	Player A	Player F	Player D	Player B	Player G

8 Player Substitution Pattern

- Use this pattern when your team only has eight players attending a game.
- All eight players should play a total of five periods and sit on the bench for three periods.
- No player will play three periods consecutively.

Players on the Field

1 ST QUARTER		2 ND QUARTER		3 RD QUARTER		4 TH QUARTER	
1 ST PERIOD	2 ND PERIOD	3 RD PERIOD	4 TH PERIOD	5 TH PERIOD	6 TH PERIOD	7 TH PERIOD	8 TH PERIOD
Player A	Player F	Player C	Player H	Player E	Player B	Player G	Player D
Player B	Player G	Player D	Player A	Player F	Player C	Player H	Player E
Player C	Player H	Player E	Player B	Player G	Player D	Player A	Player F
Player D	Player A	Player F	Player C	Player H	Player E	Player B	Player G
Player E	Player B	Player G	Player D	Player A	Player F	Player C	Player H

YOUTH SOCCER RULES

SUBSTITUTION PATTERNS for UNDER EIGHT AGE DIVISION

8 Player Substitution Pattern

- Continued from previous page

Substitutes on the Bench

1 ST QUARTER		2 ND QUARTER		3 RD QUARTER		4 TH QUARTER	
1 ST PERIOD	2 ND PERIOD	3 RD PERIOD	4 TH PERIOD	5 TH PERIOD	6 TH PERIOD	7 TH PERIOD	8 TH PERIOD
Player F	Player C	Player H	Player E	Player B	Player G	Player D	Player A
Player G	Player D	Player A	Player F	Player C	Player H	Player E	Player B
Player H	Player E	Player B	Player G	Player D	Player A	Player F	Player C

9 Player Substitution Pattern

- Use this pattern when your team only has nine players attending a game.
- Four players will play a total of five periods and sit on the bench for three periods. (Players A, B, C & D)
- Five players will play a total of four periods and sit on the bench for four periods. (Players E, F, G, H, & I)
- No player will play three periods consecutively.

Players on the Field

1 ST QUARTER		2 ND QUARTER		3 RD QUARTER		4 TH QUARTER	
1 ST PERIOD	2 ND PERIOD	3 RD PERIOD	4 TH PERIOD	5 TH PERIOD	6 TH PERIOD	7 TH PERIOD	8 TH PERIOD
Player A	Player F	Player B	Player G	Player C	Player H	Player D	Player I
Player B	Player G	Player C	Player H	Player D	Player I	Player E	Player A
Player C	Player H	Player D	Player I	Player E	Player A	Player F	Player B
Player D	Player I	Player E	Player A	Player F	Player B	Player G	Player C
Player E	Player A	Player F	Player B	Player G	Player C	Player H	Player D

Substitutes on the Bench

1 ST QUARTER		2 ND QUARTER		3 RD QUARTER		4 TH QUARTER	
1 ST PERIOD	2 ND PERIOD	3 RD PERIOD	4 TH PERIOD	5 TH PERIOD	6 TH PERIOD	7 TH PERIOD	8 TH PERIOD
Player F	Player B	Player A	Player C	Player A	Player D	Player A	Player E
Player G	Player C	Player G	Player D	Player B	Player E	Player B	Player F
Player H	Player D	Player H	Player E	Player H	Player F	Player C	Player G
Player I	Player E	Player I	Player F	Player I	Player G	Player I	Player H

10 Player Substitution Pattern

- Use this pattern when your team has ten players attending a game.
- Every player should play a total of four periods and sit on the bench for four periods.
- No player will play two periods consecutively.

Players on the Field

1 ST QUARTER		2 ND QUARTER		3 RD QUARTER		4 TH QUARTER	
1 ST PERIOD	2 ND PERIOD	3 RD PERIOD	4 TH PERIOD	5 TH PERIOD	6 TH PERIOD	7 TH PERIOD	8 TH PERIOD
Player A	Player F	Player A	Player F	Player A	Player F	Player A	Player F
Player B	Player G	Player B	Player G	Player B	Player G	Player B	Player G
Player C	Player H	Player C	Player H	Player C	Player H	Player C	Player H
Player D	Player I	Player D	Player I	Player D	Player I	Player D	Player I
Player E	Player J	Player E	Player J	Player E	Player J	Player E	Player J

Substitutes on the Bench

1 ST QUARTER		2 ND QUARTER		3 RD QUARTER		4 TH QUARTER	
1 ST PERIOD	2 ND PERIOD	3 RD PERIOD	4 TH PERIOD	5 TH PERIOD	6 TH PERIOD	7 TH PERIOD	8 TH PERIOD
Player F	Player A	Player F	Player A	Player F	Player A	Player F	Player A
Player G	Player B	Player G	Player B	Player G	Player B	Player G	Player B
Player H	Player C	Player H	Player C	Player H	Player C	Player H	Player C
Player I	Player D	Player I	Player D	Player I	Player D	Player I	Player D
Player J	Player E	Player J	Player E	Player J	Player E	Player J	Player E

YOUTH SOCCER RULES

SUBSTITUTION PATTERNS for UNDER TEN AGE DIVISION

8 Player Substitution Pattern

- Use this pattern when your team only has eight players attending a game.
- All players will play a total of seven periods and sit on the bench for one period.
- No player will play the entire game.

Players on the Field

1 ST QUARTER		2 ND QUARTER		3 RD QUARTER		4 TH QUARTER	
1 ST PERIOD	2 ND PERIOD	3 RD PERIOD	4 TH PERIOD	5 TH PERIOD	6 TH PERIOD	7 TH PERIOD	8 TH PERIOD
Player A	Player H	Player G	Player F	Player E	Player D	Player C	Player B
Player B	Player A	Player H	Player G	Player F	Player E	Player D	Player C
Player C	Player B	Player A	Player H	Player G	Player F	Player E	Player D
Player D	Player C	Player B	Player A	Player H	Player G	Player F	Player E
Player E	Player D	Player C	Player B	Player A	Player H	Player G	Player F
Player F	Player E	Player D	Player C	Player B	Player A	Player H	Player G
Player G	Player F	Player E	Player D	Player C	Player B	Player A	Player H

Substitutes on the Bench

1 ST QUARTER		2 ND QUARTER		3 RD QUARTER		4 TH QUARTER	
1 ST PERIOD	2 ND PERIOD	3 RD PERIOD	4 TH PERIOD	5 TH PERIOD	6 TH PERIOD	7 TH PERIOD	8 TH PERIOD
Player H	Player G	Player F	Player E	Player D	Player C	Player B	Player A

9 Player Substitution Pattern

- Use this pattern when your team only has nine players attending a game.
- Two players will play a total of seven periods and sit on the bench for one period (**A & B**)
- Seven players will play a total of six periods and sit on the bench for two periods (**C, D, E, F, G, H & I**)
- No player will play three periods consecutively.

Players on the Field

1 ST QUARTER		2 ND QUARTER		3 RD QUARTER		4 TH QUARTER	
1 ST PERIOD	2 ND PERIOD	3 RD PERIOD	4 TH PERIOD	5 TH PERIOD	6 TH PERIOD	7 TH PERIOD	8 TH PERIOD
Player A	Player H	Player F	Player D	Player B	Player I	Player G	Player E
Player B	Player I	Player G	Player E	Player C	Player A	Player H	Player F
Player C	Player A	Player H	Player F	Player D	Player B	Player I	Player G
Player D	Player B	Player I	Player G	Player E	Player C	Player A	Player H
Player E	Player C	Player A	Player H	Player F	Player D	Player B	Player I
Player F	Player D	Player B	Player I	Player G	Player E	Player C	Player A
Player G	Player E	Player C	Player A	Player H	Player F	Player D	Player B

Substitutes on the Bench

1 ST QUARTER		2 ND QUARTER		3 RD QUARTER		4 TH QUARTER	
1 ST PERIOD	2 ND PERIOD	3 RD PERIOD	4 TH PERIOD	5 TH PERIOD	6 TH PERIOD	7 TH PERIOD	8 TH PERIOD
Player H	Player F	Player D	Player B	Player I	Player G	Player E	Player C
Player I	Player G	Player E	Player C	Player A	Player H	Player F	Player D

10 Player Substitution Pattern

- Use this pattern when your team only has ten players attending a game.
- Six players will play a total of six periods and sit on the bench for two periods. (**Players A, B, C, D, E & F**)
- Four players will play a total of five periods and sit on the bench for three periods. (**Players G, H, I & J**)
- No player will play three periods consecutively.

Players on the Field

1 ST QUARTER		2 ND QUARTER		3 RD QUARTER		4 TH QUARTER	
1 ST PERIOD	2 ND PERIOD	3 RD PERIOD	4 TH PERIOD	5 TH PERIOD	6 TH PERIOD	7 TH PERIOD	8 TH PERIOD
Player A	Player H	Player E	Player B	Player I	Player F	Player C	Player J
Player B	Player I	Player F	Player C	Player J	Player G	Player D	Player A
Player C	Player J	Player G	Player D	Player A	Player H	Player E	Player B
Player D	Player A	Player H	Player E	Player B	Player I	Player F	Player C
Player E	Player B	Player I	Player F	Player C	Player J	Player G	Player D
Player F	Player C	Player J	Player G	Player D	Player A	Player H	Player E
Player G	Player D	Player A	Player H	Player E	Player B	Player I	Player F

YOUTH SOCCER RULES

SUBSTITUTION PATTERNS for UNDER TEN AGE DIVISION

10 Player Substitution Pattern

- Use this pattern when your team only has ten players attending a game.
- Six players will play a total of six periods and sit on the bench for two periods. (*Players A, B, C, D, E & F*)
- Four players will play a total of five periods and sit on the bench for three periods. (*Players G, H, I & J*)
- No player will play three periods consecutively.

Substitutes on the Bench

1 ST QUARTER		2 ND QUARTER		3 RD QUARTER		4 TH QUARTER	
1 ST PERIOD	2 ND PERIOD	3 RD PERIOD	4 TH PERIOD	5 TH PERIOD	6 TH PERIOD	7 TH PERIOD	8 TH PERIOD
Player H	Player E	Player B	Player I	Player F	Player C	Player J	Player G
Player I	Player F	Player C	Player J	Player G	Player D	Player A	Player H
Player J	Player G	Player D	Player A	Player H	Player E	Player B	Player I

11 Player Substitution Pattern

- Use this pattern when your team only has eleven players attending a game.
- One player will play a total of six periods and sit on the bench for two periods. (*Player A*)
- Ten players will play a total of five periods and sit on the bench for three periods. (*Players B, C, D, E, F, G, H, I & K*)
- No player will play three periods consecutively.

Players on the Field

1 ST QUARTER		2 ND QUARTER		3 RD QUARTER		4 TH QUARTER	
1 ST PERIOD	2 ND PERIOD	3 RD PERIOD	4 TH PERIOD	5 TH PERIOD	6 TH PERIOD	7 TH PERIOD	8 TH PERIOD
Player A	Player H	Player D	Player K	Player G	Player C	Player J	Player F
Player B	Player I	Player E	Player A	Player H	Player D	Player K	Player G
Player C	Player J	Player F	Player B	Player I	Player E	Player A	Player H
Player D	Player K	Player G	Player C	Player J	Player F	Player B	Player I
Player E	Player A	Player H	Player D	Player K	Player G	Player C	Player J
Player F	Player B	Player I	Player E	Player A	Player H	Player D	Player K
Player G	Player C	Player J	Player F	Player B	Player I	Player E	Player A

Substitutes on the Bench

1 ST QUARTER		2 ND QUARTER		3 RD QUARTER		4 TH QUARTER	
1 ST PERIOD	2 ND PERIOD	3 RD PERIOD	4 TH PERIOD	5 TH PERIOD	6 TH PERIOD	7 TH PERIOD	8 TH PERIOD
Player H	Player D	Player K	Player G	Player C	Player J	Player F	Player B
Player I	Player E	Player A	Player H	Player D	Player K	Player G	Player C
Player J	Player F	Player B	Player I	Player E	Player A	Player H	Player D
Player K	Player G	Player C	Player J	Player F	Player B	Player I	Player E

12 Player Substitution Pattern

- Use this pattern when your team has twelve players attending a game.
- Eight players will play a total of five periods and sit on the bench for three periods. (*Players A, B, C, D, E, F, G & H*)
- Four players will play a total of four periods and sit on the bench for four periods. (*Players I, J, K & L*)
- No player will play three periods consecutively.

Players on the Field

1 ST QUARTER		2 ND QUARTER		3 RD QUARTER		4 TH QUARTER	
1 ST PERIOD	2 ND PERIOD	3 RD PERIOD	4 TH PERIOD	5 TH PERIOD	6 TH PERIOD	7 TH PERIOD	8 TH PERIOD
Player A	Player H	Player C	Player J	Player E	Player L	Player G	Player B
Player B	Player I	Player D	Player K	Player F	Player A	Player H	Player C
Player C	Player J	Player E	Player L	Player G	Player B	Player I	Player D
Player D	Player K	Player F	Player A	Player H	Player C	Player J	Player E
Player E	Player L	Player G	Player B	Player I	Player D	Player K	Player F
Player F	Player A	Player H	Player C	Player J	Player E	Player L	Player G
Player G	Player B	Player I	Player D	Player K	Player F	Player A	Player H

Substitutes on the Bench

1 ST QUARTER		2 ND QUARTER		3 RD QUARTER		4 TH QUARTER	
1 ST PERIOD	2 ND PERIOD	3 RD PERIOD	4 TH PERIOD	5 TH PERIOD	6 TH PERIOD	7 TH PERIOD	8 TH PERIOD
Player H	Player C	Player J	Player E	Player L	Player G	Player B	Player I
Player I	Player D	Player K	Player F	Player A	Player H	Player C	Player J
Player J	Player E	Player L	Player G	Player B	Player I	Player D	Player K
Player K	Player F	Player A	Player H	Player C	Player J	Player E	Player L
Player L	Player G	Player B	Player I	Player D	Player K	Player F	Player A

YOUTH SOCCER RULES

SUBSTITUTION PATTERNS for UNDER TEN AGE DIVISION

13 Player Substitution Pattern

- Use this pattern when your team has thirteen players attending a game.
- Four players will play a total of five periods and sit on the bench for three periods. (*Players A, B, C & D*)
- Nine players will play a total of four periods and sit on the bench for four periods. (*Players E, F, G, H, I, J, K & L*)
- No player will play three periods consecutively.

Players on the Field

1 ST QUARTER		2 ND QUARTER		3 RD QUARTER		4 TH QUARTER	
1 ST PERIOD	2 ND PERIOD	3 RD PERIOD	4 TH PERIOD	5 TH PERIOD	6 TH PERIOD	7 TH PERIOD	8 TH PERIOD
Player A	Player H	Player B	Player I	Player C	Player J	Player D	Player K
Player B	Player I	Player C	Player J	Player D	Player K	Player E	Player L
Player C	Player J	Player D	Player K	Player E	Player L	Player F	Player M
Player D	Player K	Player E	Player L	Player F	Player M	Player G	Player A
Player E	Player L	Player F	Player M	Player G	Player A	Player H	Player B
Player F	Player M	Player G	Player A	Player H	Player B	Player I	Player C
Player G	Player A	Player H	Player B	Player I	Player C	Player J	Player D

Substitutes on the Bench

1 ST QUARTER		2 ND QUARTER		3 RD QUARTER		4 TH QUARTER	
1 ST PERIOD	2 ND PERIOD	3 RD PERIOD	4 TH PERIOD	5 TH PERIOD	6 TH PERIOD	7 TH PERIOD	8 TH PERIOD
Player H	Player B	Player I	Player C	Player J	Player D	Player K	Player E
Player I	Player C	Player J	Player D	Player K	Player E	Player L	Player F
Player J	Player D	Player K	Player E	Player L	Player F	Player M	Player G
Player K	Player E	Player L	Player F	Player M	Player G	Player A	Player H
Player L	Player F	Player M	Player G	Player A	Player H	Player B	Player I
Player M	Player G	Player A	Player H	Player B	Player I	Player C	Player J

14 Player Substitution Pattern

- Use this pattern when your team has thirteen players attending a game.
- Four players will play a total of five periods and sit on the bench for three periods. (*Players A, B, C & D*)
- Nine players will play a total of four periods and sit on the bench for four periods. (*Players E, F, G, H, I, J, K & L*)
- No player will play three periods consecutively.

Players on the Field

1 ST QUARTER		2 ND QUARTER		3 RD QUARTER		4 TH QUARTER	
1 ST PERIOD	2 ND PERIOD	3 RD PERIOD	4 TH PERIOD	5 TH PERIOD	6 TH PERIOD	7 TH PERIOD	8 TH PERIOD
Player A	Player H	Player A	Player H	Player A	Player H	Player A	Player H
Player B	Player I	Player B	Player I	Player B	Player I	Player B	Player I
Player C	Player J	Player C	Player J	Player C	Player J	Player C	Player J
Player D	Player K	Player D	Player K	Player D	Player K	Player D	Player K
Player E	Player L	Player E	Player L	Player E	Player L	Player E	Player L
Player F	Player M	Player F	Player M	Player F	Player M	Player F	Player M
Player G	Player N	Player G	Player N	Player G	Player N	Player G	Player N

Substitutes on the Bench

1 ST QUARTER		2 ND QUARTER		3 RD QUARTER		4 TH QUARTER	
1 ST PERIOD	2 ND PERIOD	3 RD PERIOD	4 TH PERIOD	5 TH PERIOD	6 TH PERIOD	7 TH PERIOD	8 TH PERIOD
Player H	Player A	Player H	Player A	Player H	Player A	Player H	Player A
Player I	Player B	Player I	Player B	Player I	Player B	Player I	Player B
Player J	Player C	Player J	Player C	Player J	Player C	Player J	Player C
Player K	Player D	Player K	Player D	Player K	Player D	Player K	Player D
Player L	Player E	Player L	Player E	Player L	Player E	Player L	Player E
Player M	Player F	Player M	Player F	Player M	Player F	Player M	Player F
Player N	Player G	Player N	Player G	Player N	Player G	Player N	Player G

YOUTH SOCCER RULES

SUBSTITUTION PATTERNS for UNDER TWELVE AGE DIVISION

9 Player Substitution Pattern

- Use this pattern when your team only has eight players attending a game.
- One player will play the entire game (*Player A*)
- Eight players will play a total of seven periods and sit on the bench for one period.

Players on the Field

1 ST QUARTER		2 ND QUARTER		3 RD QUARTER		4 TH QUARTER	
1 ST PERIOD	2 ND PERIOD	3 RD PERIOD	4 TH PERIOD	5 TH PERIOD	6 TH PERIOD	7 TH PERIOD	8 TH PERIOD
Player A	Player I	Player H	Player G	Player F	Player E	Player D	Player C
Player B	Player A	Player I	Player H	Player G	Player F	Player E	Player D
Player C	Player B	Player A	Player I	Player H	Player G	Player F	Player E
Player D	Player C	Player B	Player A	Player I	Player H	Player G	Player F
Player E	Player D	Player C	Player B	Player A	Player I	Player H	Player G
Player F	Player E	Player D	Player C	Player B	Player A	Player I	Player H
Player G	Player F	Player E	Player D	Player C	Player B	Player A	Player I
Player H	Player G	Player F	Player E	Player D	Player C	Player B	Player A

Substitutes on the Bench

1 ST QUARTER		2 ND QUARTER		3 RD QUARTER		4 TH QUARTER	
1 ST PERIOD	2 ND PERIOD	3 RD PERIOD	4 TH PERIOD	5 TH PERIOD	6 TH PERIOD	7 TH PERIOD	8 TH PERIOD
Player I	Player H	Player G	Player F	Player E	Player D	Player C	Player B

10 Player Substitution Pattern

- Use this pattern when your team only has nine players attending a game.
- Two players will play a total of seven periods and sit on the bench for one period (*A & B*)
- Eight players will play a total of six periods and sit on the bench for two periods (*C, D, E, F, G, H, I, & J*)
- No player will play five periods consecutively.

Players on the Field

1 ST QUARTER		2 ND QUARTER		3 RD QUARTER		4 TH QUARTER	
1 ST PERIOD	2 ND PERIOD	3 RD PERIOD	4 TH PERIOD	5 TH PERIOD	6 TH PERIOD	7 TH PERIOD	8 TH PERIOD
Player A	Player I	Player G	Player E	Player C	Player A	Player I	Player G
Player B	Player J	Player H	Player F	Player D	Player B	Player J	Player H
Player C	Player A	Player I	Player G	Player E	Player C	Player A	Player I
Player D	Player B	Player J	Player H	Player F	Player D	Player B	Player J
Player E	Player C	Player A	Player I	Player G	Player E	Player C	Player A
Player F	Player D	Player B	Player J	Player H	Player F	Player D	Player B
Player G	Player E	Player C	Player A	Player I	Player G	Player E	Player C
Player H	Player F	Player D	Player B	Player J	Player H	Player F	Player D

Substitutes on the Bench

1 ST QUARTER		2 ND QUARTER		3 RD QUARTER		4 TH QUARTER	
1 ST PERIOD	2 ND PERIOD	3 RD PERIOD	4 TH PERIOD	5 TH PERIOD	6 TH PERIOD	7 TH PERIOD	8 TH PERIOD
Player I	Player G	Player E	Player C	Player A	Player I	Player G	Player E
Player J	Player H	Player F	Player D	Player B	Player J	Player H	Player F

11 Player Substitution Pattern

- Use this pattern when your team only has ten players attending a game.
- Nine players will play a total of six periods and sit on the bench for two periods. (*Players A, B, C, D, E, F, G, H, & I*)
- Two players will play a total of five periods and sit on the bench for three periods. (*Players J & K*)
- No player will play four periods consecutively.

Players on the Field

1 ST QUARTER		2 ND QUARTER		3 RD QUARTER		4 TH QUARTER	
1 ST PERIOD	2 ND PERIOD	3 RD PERIOD	4 TH PERIOD	5 TH PERIOD	6 TH PERIOD	7 TH PERIOD	8 TH PERIOD
Player A	Player I	Player F	Player C	Player K	Player H	Player E	Player B
Player B	Player J	Player G	Player D	Player A	Player I	Player F	Player C
Player C	Player K	Player H	Player E	Player B	Player J	Player G	Player D
Player D	Player A	Player I	Player F	Player C	Player K	Player H	Player E
Player E	Player B	Player J	Player G	Player D	Player A	Player I	Player F
Player F	Player C	Player K	Player H	Player E	Player B	Player J	Player G
Player G	Player D	Player A	Player I	Player F	Player C	Player K	Player H
Player H	Player E	Player B	Player J	Player G	Player D	Player A	Player I

YOUTH SOCCER RULES

SUBSTITUTION PATTERNS for UNDER TWELVE AGE DIVISION

11 Player Substitution Pattern

- Use this pattern when your team only has ten players attending a game.
- Nine players will play a total of six periods and sit on the bench for two periods. (*Players A, B, C, D, E, F, G, H, & I*)
- Two players will play a total of five periods and sit on the bench for three periods. (*Players J & K*)
- No player will play four periods consecutively.

Substitutes on the Bench

1 ST QUARTER		2 ND QUARTER		3 RD QUARTER		4 TH QUARTER	
1 ST PERIOD	2 ND PERIOD	3 RD PERIOD	4 TH PERIOD	5 TH PERIOD	6 TH PERIOD	7 TH PERIOD	8 TH PERIOD
Player I	Player F	Player C	Player K	Player H	Player E	Player B	Player J
Player J	Player G	Player D	Player A	Player I	Player F	Player C	Player K
Player K	Player H	Player E	Player B	Player J	Player G	Player D	Player A

12 Player Substitution Pattern

- Use this pattern when your team only has eleven players attending a game.
- Four players will play a total of six periods and sit on the bench for two periods. (*Player A, B, C & D*)
- Eight players will play a total of five periods and sit on the bench for three periods. (*Players E, F, G, H, I, J, K & L*)
- No player will play three periods consecutively.

Players on the Field

1 ST QUARTER		2 ND QUARTER		3 RD QUARTER		4 TH QUARTER	
1 ST PERIOD	2 ND PERIOD	3 RD PERIOD	4 TH PERIOD	5 TH PERIOD	6 TH PERIOD	7 TH PERIOD	8 TH PERIOD
Player A	Player I	Player E	Player A	Player I	Player E	Player A	Player I
Player B	Player J	Player F	Player B	Player J	Player F	Player B	Player J
Player C	Player K	Player G	Player C	Player K	Player G	Player C	Player K
Player D	Player L	Player H	Player D	Player L	Player H	Player D	Player L
Player E	Player A	Player I	Player E	Player A	Player I	Player E	Player A
Player F	Player B	Player J	Player F	Player B	Player J	Player F	Player B
Player G	Player C	Player K	Player G	Player C	Player K	Player G	Player C
Player H	Player D	Player L	Player H	Player D	Player L	Player H	Player D

Substitutes on the Bench

1 ST QUARTER		2 ND QUARTER		3 RD QUARTER		4 TH QUARTER	
1 ST PERIOD	2 ND PERIOD	3 RD PERIOD	4 TH PERIOD	5 TH PERIOD	6 TH PERIOD	7 TH PERIOD	8 TH PERIOD
Player I	Player E	Player A	Player I	Player E	Player A	Player I	Player E
Player J	Player F	Player B	Player J	Player F	Player B	Player J	Player F
Player K	Player G	Player C	Player K	Player G	Player C	Player K	Player G
Player L	Player H	Player D	Player L	Player H	Player D	Player L	Player H

13 Player Substitution Pattern

- Use this pattern when your team has twelve players attending a game.
- Twelve players will play a total of five periods and sit on the bench for three periods. (*Players A, B, C, D, E, F, G, H, I, J, K & L*)
- One player will play a total of four periods and sit on the bench for four periods. (*Players M*)
- No player will play three periods consecutively.

Players on the Field

1 ST QUARTER		2 ND QUARTER		3 RD QUARTER		4 TH QUARTER	
1 ST PERIOD	2 ND PERIOD	3 RD PERIOD	4 TH PERIOD	5 TH PERIOD	6 TH PERIOD	7 TH PERIOD	8 TH PERIOD
Player A	Player I	Player D	Player L	Player G	Player B	Player J	Player E
Player B	Player J	Player E	Player M	Player H	Player C	Player K	Player F
Player C	Player K	Player F	Player A	Player I	Player D	Player L	Player G
Player D	Player L	Player G	Player B	Player J	Player E	Player M	Player H
Player E	Player M	Player H	Player C	Player K	Player F	Player A	Player I
Player F	Player A	Player I	Player D	Player L	Player G	Player B	Player J
Player G	Player B	Player J	Player E	Player M	Player H	Player C	Player K
Player H	Player C	Player K	Player F	Player A	Player I	Player D	Player L

Substitutes on the Bench

1 ST QUARTER		2 ND QUARTER		3 RD QUARTER		4 TH QUARTER	
1 ST PERIOD	2 ND PERIOD	3 RD PERIOD	4 TH PERIOD	5 TH PERIOD	6 TH PERIOD	7 TH PERIOD	8 TH PERIOD
Player I	Player D	Player L	Player G	Player B	Player J	Player E	Player M
Player J	Player E	Player M	Player H	Player C	Player K	Player F	Player A
Player K	Player F	Player A	Player I	Player D	Player L	Player G	Player B
Player L	Player G	Player B	Player J	Player E	Player M	Player H	Player C
Player M	Player H	Player C	Player K	Player F	Player A	Player I	Player D

YOUTH SOCCER RULES

SUBSTITUTION PATTERNS for UNDER TWELVE AGE DIVISION

14 Player Substitution Pattern

- Use this pattern when your team has thirteen players attending a game.
- Eight players will play a total of five periods and sit on the bench for three periods. (*Players A, B, C, D, E, F, G & H*)
- Six players will play a total of four periods and sit on the bench for four periods. (*Players I, J, K, L, M & N*)
- No player will play three periods consecutively.

Players on the Field

1 ST QUARTER		2 ND QUARTER		3 RD QUARTER		4 TH QUARTER	
1 ST PERIOD	2 ND PERIOD	3 RD PERIOD	4 TH PERIOD	5 TH PERIOD	6 TH PERIOD	7 TH PERIOD	8 TH PERIOD
Player A	Player I	Player C	Player K	Player E	Player M	Player G	Player A
Player B	Player J	Player D	Player L	Player F	Player N	Player H	Player B
Player C	Player K	Player E	Player M	Player G	Player A	Player I	Player C
Player D	Player L	Player F	Player N	Player H	Player B	Player J	Player D
Player E	Player M	Player G	Player A	Player I	Player C	Player K	Player E
Player F	Player N	Player H	Player B	Player J	Player D	Player L	Player F
Player G	Player A	Player I	Player C	Player K	Player E	Player M	Player G
Player H	Player B	Player J	Player D	Player L	Player F	Player N	Player H

Substitutes on the Bench

1 ST QUARTER		2 ND QUARTER		3 RD QUARTER		4 TH QUARTER	
1 ST PERIOD	2 ND PERIOD	3 RD PERIOD	4 TH PERIOD	5 TH PERIOD	6 TH PERIOD	7 TH PERIOD	8 TH PERIOD
Player I	Player C	Player K	Player E	Player M	Player G	Player A	Player I
Player J	Player D	Player L	Player F	Player N	Player H	Player B	Player J
Player K	Player E	Player M	Player G	Player A	Player I	Player C	Player K
Player L	Player F	Player N	Player H	Player B	Player J	Player D	Player L
Player M	Player G	Player A	Player I	Player C	Player K	Player E	Player M
Player N	Player H	Player B	Player J	Player D	Player L	Player F	Player N

15 Player Substitution Pattern

- Use this pattern when your team has thirteen players attending a game.
- Four players will play a total of five periods and sit on the bench for three periods. (*Players A, B, C & D*)
- Eleven players will play a total of four periods and sit on the bench for four periods. (*Players E, F, G, H, I, J, K, L, M, N & O*)
- No player will play three periods consecutively.

Players on the Field

1 ST QUARTER		2 ND QUARTER		3 RD QUARTER		4 TH QUARTER	
1 ST PERIOD	2 ND PERIOD	3 RD PERIOD	4 TH PERIOD	5 TH PERIOD	6 TH PERIOD	7 TH PERIOD	8 TH PERIOD
Player A	Player I	Player B	Player J	Player C	Player K	Player D	Player L
Player B	Player J	Player C	Player K	Player D	Player L	Player E	Player M
Player C	Player K	Player D	Player L	Player E	Player M	Player F	Player N
Player D	Player L	Player E	Player M	Player F	Player N	Player G	Player O
Player E	Player M	Player F	Player N	Player G	Player O	Player H	Player A
Player F	Player N	Player G	Player O	Player H	Player A	Player I	Player B
Player G	Player O	Player H	Player A	Player I	Player B	Player J	Player C
Player H	Player A	Player I	Player B	Player J	Player C	Player K	Player D

Substitutes on the Bench

1 ST QUARTER		2 ND QUARTER		3 RD QUARTER		4 TH QUARTER	
1 ST PERIOD	2 ND PERIOD	3 RD PERIOD	4 TH PERIOD	5 TH PERIOD	6 TH PERIOD	7 TH PERIOD	8 TH PERIOD
Player I	Player B	Player J	Player C	Player K	Player D	Player L	Player E
Player J	Player C	Player K	Player D	Player L	Player E	Player M	Player F
Player K	Player D	Player L	Player E	Player M	Player F	Player N	Player G
Player L	Player E	Player M	Player F	Player N	Player G	Player O	Player H
Player M	Player F	Player N	Player G	Player O	Player H	Player A	Player I
Player N	Player G	Player O	Player H	Player A	Player I	Player B	Player J
Player O	Player H	Player A	Player I	Player B	Player J	Player C	Player K